

<p>Sukiyaki, Beef 2 pounds beef steak, in thin strips 2 tablespoons oil ¼ cup sugar ¾ cup soy sauce ½ cup water 2 medium onions, sliced 1 green pepper, sliced 1 cup celery, sliced 1 can bamboo shoots 1 can sliced water chestnuts ¾ cup sliced mushrooms 1 bunch green onions, in 1 inch pieces 4-5 cups cooked rice</p>	<p>Brown meat in oil. Add sugar, soy sauce, and water; cook 1 minute. Push meat to one side. Add onions, green pepper, and celery; cook briefly. Add bamboo shoots, water chestnuts, and mushrooms; cook a minute. Add green onions; cook 1 minute. Serve over rice. Serves about 8</p>
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